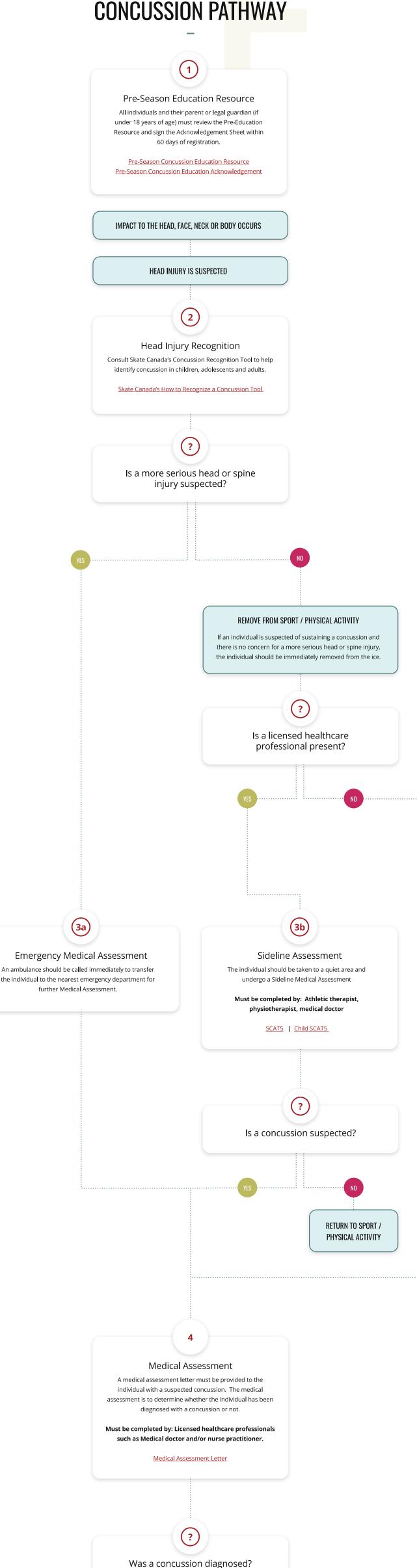


FLOWCHART

SKATE CANADA **CONCUSSION PATHWAY**



PHYSICAL ACTIVITY Concussion Management The individual must provide their coach, skating club board of directors or school administrators with a Medical Clearance Letter that specifies they are cleared to return to skate, train

and/or coach.

Must be completed by: Medical doctor, nurse practitioner, and team athletic therapist or Physiotherapist

Return-to-School Strategy, Sport-Specific Return-to-Sport

RETURN TO SPORT /

Does the individual have persistent symptoms?*

Multidisciplinary Concussion Care If available, individuals who experience persistent post-

concussion symptoms may benefit from multidisciplinary concussion with licensed professionals trained in traumatic brain injury.

Return to Sport Medical Clearance The individual must provide their coach, skating club board of directors or school administrators with a Medical Clearance Letter that specifies they are cleared to return to skate, train

and/or coach. Must be completed by: Licensed healthcare professionals such as Medical doctor and/or nurse practitioner.

RESOURCES

* Persistent symptoms: lasting > 4 weeks in children & youth or > 2 weeks in adults

Medical Clearance Letter